

# Is University for Me (Social Sciences) – Session Plan

**Overview:** This session will introduce students to University/Higher Education study. We will explore some common myths around what university is, and who it is for, whilst also considering the various routes into HE.

Lastly, students will be introduced to the Social Sciences, exploring some of the core ideas within Psychology and Criminology. This session encourages participants to challenge their preconceived ideas around HE and accessibility.

Please note: The social sciences component is optional and subject to Arden University academic availability. A standalone version of ‘Is University for Me’ is available upon request.

**Class Resources Required:** Access to a screen which can facilitate the sharing of PowerPoint slides and sound. Access to post it notes, and pens for participant engagement in Activity 1.

## Proposed Session Plan:

Learning Objectives	Learning Activities
<p><b>By the end of the workshop, students will be able to:</b></p> <ul style="list-style-type: none"> <li>• <b>Recognise the varied opportunities and accessibility for learners to study at HE.</b></li> <li>• <b>Reflect upon the pathways to HE/University.</b></li> <li>• <b>Consider the realities of studying at this level.</b></li> <li>• <b>Define Psychology and discuss what it is interested in.</b></li> <li>• <b>Define Criminology and discuss what it is interested in.</b></li> </ul>	<p>Activity 1 – Reflect upon their current ideas and beliefs around university, who it is for, and whether it would suit them.</p> <p>Activity 2 – Discuss what the social sciences are.</p> <p>Activity 3 – Participate in the Stroop Test and discuss why Psychologists might be interested in the findings.</p> <p>Activity 4 – Read the case study of a recent cyber-criminal, and consider what crime was committed, why it was committed, and some reflections around the role of parents/caregivers in criminal responsibility.</p> <p>Activity 5 – Closing discussions around their attitudes and beliefs considering workshop content.</p>